



2012 Cardia Deo: "Sent"

March 2-4, 2012 at Big Sandy Camp, McGregor

We are *Called, Gathered, Equipped* and *Sent* to share the Heart of God (Cardia Deo) in the world. This year we focus on what it means to be **Sent**. Bible studies led by the LYO Board and college interns, servant events, worship, mystery event, camp life, and an adult track led by the retreat chaplain all make this event a deeply meaningful, fun and faith-nurturing event.

Evaluations by youth from previous retreats consistently say that the Bible studies and servant events are the highlight of the weekend. No matter your group size (many churches bring 1-5 youth), this event is a worthwhile investment in the faith life of your high school youth!

Dates: March 2-4, 2012: Big Sandy Camp (www.bigsandycamp.org)

Cost: **Early Registration:** \$ 110 if postmarked on or before February 3, 2012
Late Registration: \$ 130 if postmarked on or after February 4, 2012 **NO EXCEPTIONS!!!**
Last Day to Register: February 23, 2012 (postmarked)
Includes housing, Saturday breakfast through Sunday lunch, t-shirt and all Gathering activities. Registration opens January 1, 2012. Add-ons to your initial registration are accepted as space allows. Please note: Late registration applies to each registration received after February 3, even if the bulk of your group registered early.

Deposit: \$50 per person, non-refundable. Registrations are not accepted without a deposit. Same-sex substitutions are accepted.

Housing: Housing is in dormitory style cabins. Each cabin has 8 bunks.
Bathrooms (shower, toilet and sinks) are down the hall. Expect to share cabin space with other groups.

What to Bring: Sleeping bag, pillow, towel/washcloth, toiletries, comfortable indoor and outdoor seasonal clothing (including snow or mud boots!), flashlight, swimsuit, Bible, pen and paper. Money for snacks is optional. Adult leaders might also wish to bring an alarm clock.

What NOT to Bring: Alcohol and drugs, weapons. Participants are asked to leave gameboys, iPods, MP3 players and other isolating electronics in the bus/car so they can be fully engaged in the weekend activities. Youth cell phones should be left at home or given to an adult leader if needed in case of an emergency. Adults, please make sure your cell phone is set to "vibrate" if it is essential to bring it to activities during the Retreat.

Forms: Registration forms for Cardia Deo can be downloaded at www.nemnsynod.org/nemnsrhigh. If you are unable to download forms, please call the synod office at 218-724-4424 to have forms sent to you. Forms needed are:

- Group Registration Form
- Housing Request Form
- Health and Release Form
- Participation Covenant

Be sure to make a copy of all forms for your use. Forms are needed for youth AND adult participants. Please discuss the covenant with your group before obtaining their signatures. Check all forms for completeness and accuracy before mailing. **Incomplete forms may cause your group to not be registered or miss the early registration deadline!**

****Offering****

The offering collected at the Middle School Gathering and Cardia Deo retreat will be given to provide camperships for a week of summer camp at the ELCA Outdoor Ministry sites that are in partnership with our synod: Voyageurs Lutheran Ministry (www.vlmcamps.org), Camp Onomia (www.camponomia.org), Camp Amnicon (www.amnicon.org), and Luther Crest Bible Camp (www.luthercrest.org). A week at camp makes a significant impact in the faith of young people, where they learn the “Loving Rules” and are “Sent” back to their families, congregations, schools and communities to let God’s love rule their lives as they share the love of Christ with their neighbor. The LYO Board encourages every young person to attend a week of camp – check out one of the camps listed above to deepen your faith journey next year!

Tentative Schedule

(subject to change)

FRIDAY

6-7:00pm: Registration
7:15pm: PUMPED - Opening Worship
8:00pm: Clusters
8:45pm Small Group Builders
Adult Leader Meeting
9:15pm Mystery Event
11:00pm Family Time Check-In
12:00am Lights Out

SATURDAY

8:15am Breakfast
9:00am PUMPED
9:30am Youth and Adult Tracks
11:00am Servant Event Orientation
11:45am Lunch
12:15pm Servant Events
4:15pm Servant Event Debriefing
5:00pm Banquet Intro
5:30pm Banquet
7:00pm Family Time
8:00pm PUMPED
8:30pm Youth and Adult Tracks
10:00pm Camp Life
11:45pm Final 15
12:00am Family Time
1:00am Lights Out

SUNDAY

8:15am: Breakfast
9:00am: Family Time
Pack Cars, Check Out
10:15am: Youth and Adult Tracks
11:00am: Slideshow
Worship, with Communion
12:15pm: Lunch
Depart for Home