

S = Status Update

Ask questions relating to what is happening in someone's life.

*What happened this week?
What is something that went well today?
What is something that didn't go well?*

T = Traditions/Rituals

Get to know someone's history, what is important to them, what they like to do.

*What is your favorite holiday?
What is a nightly ritual for your family?
How do you spend your free time?*

O = Optimism

Ask questions that get at stories of calling, purpose and hope!

*What is something you are proud of?
What are you looking forward to?
How does your faith give you hope?*

R = Relationships

Ask questions to learn about the people who have shaped our life stories.

*What relationships do you most value?
Who was your most influential teacher?
How is your relationship with God?*

Y = Yada Yada Yada

Ask playful, random, obscure, trivial, deep, silly, wondering questions.

*What was your favorite toy as a child?
What would your ideal vacation include?
What superhero power would you choose?*

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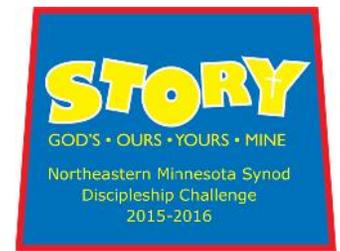
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