

# **NE MN Synod Discipleship Challenge: Love Like Jesus!**

## **Family Discussion Guide February 2014: WORSHIP!**

The NE MN Synod faith practice focus for February is "*Worship.*" You are encouraged to use this discussion guide after dinner, as you drive from one activity to the next, on a Sunday afternoon – whenever or wherever you have the opportunity to dwell on and discuss what it means for us as individuals and as a family of faith to Love Like Jesus! There are no right or wrong answers, no right or wrong way to do this...the point is to make room in your lives for thoughtful and deliberate faith conversations.

This guide is based on the "Faith 5," a 5 step way of having caring conversation, reading the bible, praying and blessing one another. It was developed by Rich Melheim and the team at Faith Inkubators ([www.faithink.com](http://www.faithink.com)). You might make this process part of your daily family discipleship practice as you become comfortable with the "Faith 5" steps. There is also an activity to do together as a family to help you live the faith practice on a daily basis, which is what the Discipleship Challenge is all about!

Remember – our spiritual hunger to grow and deepen our faith has nothing to do with success, getting the "right" answer, or works. It's all about living – fully living – into the grace of God as God's children...as discipleship, following Jesus in our daily life!

Thank you for your partnership in the gospel and for your willingness to grow as a family in your discipleship to Christ our Lord!

For more information and resources on the Discipleship Challenge:

**[www.nemnsynod.org/Discipleship](http://www.nemnsynod.org/Discipleship)**

# **Love Like Jesus: WORSHIP!**

## **Family Discussion Guide February 2014**

### **Something to Think About:**

God created us to worship. We need to worship to be fully human, to be fully who God created us to be. As Christians, we gather each week for worship to give thanks and praise, to hear words of forgiveness, and to be formed into the Body of Christ to be sent out into the world to love and serve as Jesus. Worship connects us to God and to the community we have been baptized into. How does worship define who you are?

### **Faith 5 Family Time**

**SHARE:** Do a check-in with everyone in your family. Share highs and lows of the day or week with each other. Share your favorite part of worship or a worship experience that was meaningful for you.

**READ:** Read together **Deuteronomy 6:4-5**.

**TALK:** What do you think these words from Deuteronomy have to do with worship? How is worship a part of our daily lives? Why do you think God made us to worship?

**PRAY:** Pray for each other's highs & lows. Light a candle to create a sacred space for worship.

**BLESS:** Say a blessing for each person. You can make the sign of the cross on their forehead and say: "(Name), may you love God with all your heart, soul, and might this week."

### **Family Discipleship Action Ideas:**

If you have young children, have a time to practice worship in your home. Decide on a good place to set up a sanctuary, and then go through the different parts of worship (use a hymnal or last week's bulletin from church to guide you). With all ages, you can set aside a time to talk about how each part of worship is important. Everyone in your family could help plan and lead a worship time in your home. Ask your pastor about ways your family could be involved in leading different parts of worship in your church. Your family could also prepare for worship each week by reading together the lectionary readings for that Sunday before you go. Talk together about some of the themes and how these readings might shape the worship time.